



2018 Camp Cape May
Ages 4-12

Kiwanis Park

Sponsored by

Kiwanis Club of Cape May

June 18 - August 10

Registration available late March

Call 609•884•9565

Visit DiscoverCapeMayNJ.com

CAPE MAY WAVES SWIM TEAM

A Member of the Greater South Jersey Swim League

Summer Stroke & Conditioning Clinics June 25 - August 9, 2018



THE CITY OF CAPE MAY DEPARTMENT OF TOURISM, RECREATION,
AND CIVIC AFFAIRS AT:

(609) 884-9565

DISCOVERCAPEMAYNJ.COM

RECDEPT@CAPEMAYCITY.COM

CHECK OUT OUR WEBSITE!

WWW.DISCOVERCAPEMAYNJ.COM

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2018 Waves Summer Clinic Registration Form

Swimmers Name		DOB Month/Day/Year	Age
Parents Names		DOB Month/day/year	
Please list any additional persons that may pick up/drop off at USCG. MUST INCLUDE FULL NAME & BIRTH DATE ie 1/1/1984			
Home Phone	Cell Phone	Email	
Address			
City	State	Zip	
Waiver for Participant: In consideration of accepting my/my child's entry, I hereby, for myself, my child, my heirs, executors and administrators, waiver and release any and all rights and claims for damages I or my child may have against the City of Cape May or school district and its representatives, successors and assigns for any and all injuries suffered by my child at any activity sponsored by these groups.			
Signature:		Date:	Fee:

All checks are payable to the City of Cape May. Please drop off payment and registration form to Convention Hall at 714 Beach Ave. or mail to Cape May Recreation, 643 Washington Street, Cape May, NJ 08204. For more information, please call us at (609) 884-9565 or e-mail recdept@capemaycity.com.

**PLEASE NOTE: REGISTRATION & PAYMENT MUST BE RECEIVED BY
THURSDAY, JUNE 21 IN ORDER TO GET ONTO THE USCG BASE.
DRIVER MUST SHOW LICENSE & ALL ADULTS IN CAR MUST HAVE VALID IDENTIFICATION.**

Cape May Waves Summer Clinic (Ages 5 & Older) - June 25 - Aug. 9 • \$130

Clinic consists of conditioning, stroke work, starts and turns.

Participants should be on a swim team or have the skills to be on a swim team.

Clinic schedule

Every Monday, Tuesday, & Thursday 4:30 - 6pm at the USCG 50 meter pool.

Every Wednesday 6:45pm - 8:30pm at the Cape May City Elementary 25 yard pool.

No Practice: 7/3, 7/4, & 7/5

IMPORTANT:

**All Swimmers must have competitive style swim suit, fins and goggles.
- Visit Swimoutlet.com**

IMPORTANT: FOR ALL SWIMMERS USING USCG POOL

Full names & birthdates i.e. John Smith 1/15/2018 must be listed on registration form for any persons entering the U.S. Coast Guard Base.

All drivers must have valid license ready at the front gate.

POOL LOCATIONS

US Coast Guard Base Pool
 1 Munro Avenue, Cape May, NJ 08204

Cape May City Elementary School Pool
 921 Lafayette St., Cape May, NJ 08204

Upcoming Waves Programs

Cape May Waves Swim Team

Late September through February 2019 • **\$380**

Registration available in August

The Cape May Waves Swim Team practices 5 days a week at the USCG pool, and the Cape May City Elementary School Pool. Designed for beginner through advanced levels, the team encourages participants to improve individual skill levels and prep for competitive swim meets.